



6th Annual

5K/10K Run & 1 Mile Fun Walk

Sept. 7th, 2009

Dear Volunteer,

The 6th Annual Run for a Child, hosted by the Anderson Children's Foundation is coming up Monday, September 7th, 2009 (Labor Day) at Pinnacle Hills Promenade in Rogers, AR. We are in need of several volunteers to help make sure that the event is a success. If you are interested in helping, please complete the information below and return it to the Northwest Arkansas Children's Shelter by August 10th or you can e-mail it to me at buddygough@sbcglobal.net. You will be contacted by August 17th with your assigned schedule. If you have any questions, please feel free to e-mail me or call me at 479-957-1211. We appreciate your interest in helping!

Kathryn Gough
Volunteer Coordinator
479-957-1211
buddygough@sbcglobal.net

Please complete the following information and return it to Kathryn Gough, Field Representative, Congressman John Boozman, 213 W Monroe, Ste K, Lowell, AR 72745. It is very important to include a telephone number so that you can be contacted if there is a change in the time or event.

CHECK THE AREA(S) THAT YOU WOULD LIKE TO VOLUNTEER

___ **PRE-RACE EXPO TEAM** – 12 people needed on Sunday, September 6th, from 9am-5pm at the run site at Pinnacle Hills Promenade. We need help with set-up and support of the vendors that will be there. We will also need help with “packet pick-up” and early registration.

___ **COURSE SET UP TEAM** – 3 people needed from 1-3pm on Saturday, September 6th, to put out signs and mark the course.

___ **STAGE SET UP TEAM**- 6 people needed at 5:00 am on Race Day to hang banners, set up tents, and to set up tables and chairs

___ **REGISTRATION TEAM**- 16 people needed on Race Day at 6:00am to help with registration traffic and to hand out t-shirts and goody bags to runners.

___ **RUNNER SUPPORT TEAM** – 32 people needed on Race Day from 7:30-10:30am to man the Aid Stations and provide water to the runners (28 on course aid stations; 4 on finish line)

___ **TRAFFIC & INTERSECTION SAFETY TEAM** – 42 people needed on Race Day from 7:30-10:30 am to guide traffic at intersections along the courses

___ **KID'S ZONE** – 14 people needed on Race Day (2 shifts of 7) with child care experience are needed to supervise the Kid's Zone/Inflatables area

___ 6:30-8:30am

___ 8:30-10:30am

___ **TIMING TEAM** – 10 people needed on Race Day from 7:30-10:30 am to help with timing the runners

___ **CLEAN UP TEAM** – 20 people needed on Race Day from 11:00 am until finished to tear down equipment and to collect coolers, signs, and garbage

NAME: _____

ADDRESS: _____
(mailing address) (city/state) (zip code)

PHONE #: _____
(home/cell) (work) (e-mail)

T-Shirt Size: **S** **M** **L** **XL** (please circle one)